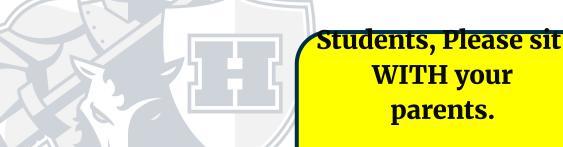
HUDSON RAIDERS

Athletics





Parents, Please sit WITH your child.

Freshmen Parent/Athlete Orientation

Agenda

Objective

Provide comprehensive information specific to registration, code of conduct, culture, and the overall experience of Education Based Athletics.



Introduction

Full Group

Athlete Performance
Vision/Mission
Foundational Information
Student Life

Parent/Student Breakout

Closing

Sport-Specific Meetings (see locations following meeting)

Introduction

Activities Department



Aaron MoenAssociate Principal/
Activities Director



Tim ChukelMiddle School Teacher/
Asst. Activities Director



Holly O'Connell
Activities Administrative
Assistant



Brittany JohnsonActivities Administrative
Assistant



Ryan DeLaCroixVenue Technology
Supervisor

Introduction

Fall Head Coaches

Cheer & Stunt - Curtis Guhl

Boys Cross Country - Wade Kowalchyk

Girls Cross Country - Melissa Burkart

Football - Adam Kowles

Girls Golf - Amy Benoy

Marching Band - Ryan McCarthy

Raidaires - Bailey Mutschler

Boys Soccer - Steve Sollom

Girls Swim & Dive - Heather Bohl

Girls Tennis - Steve Gross

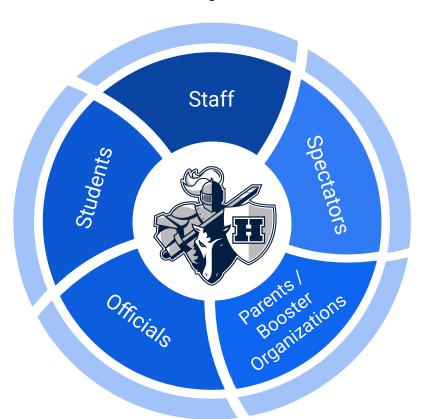
Volleyball - Brittany Young-Sanchez



a measure of the observable behaviors your team and organization promotes and accepts.

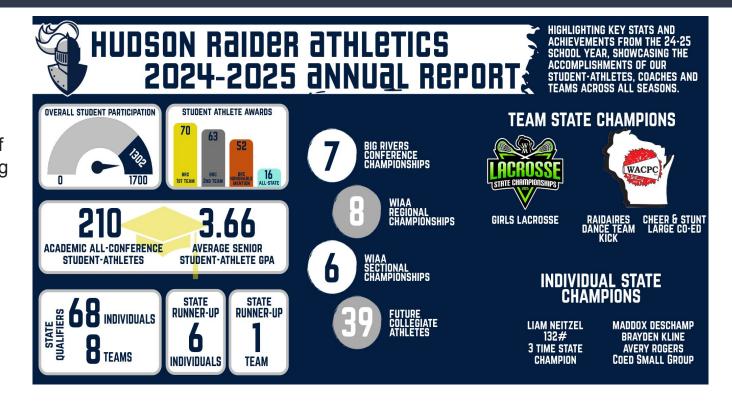


TOGETHER we accomplish more



Education-Based Athletics Defined

The interscholastic athletic program is an important part of the educational process of the school district and is an extension of the classroom, serving as an arena for learning. We strive to have each student athlete enjoy a positive experience while we develop competitive teams.



Education-Based Athletics Defined

Students deciding to become a part of the athletic program must understand that they are accepting the privilege and benefits of participation and should fully appreciate that they have taken on certain specific obligations and responsibilities. Interscholastic athletics are provided with the belief that the following goals may be accomplished through membership on an school athletic team: lifelong values and qualities such as sportsmanship, leadership, teamwork, perseverance, humility, commitment and many others.

OVERALL					
HIGH SCHOOL ~	ENROLLMENT ~	FALL TOTALS >	WINTER TOTALS ~	SPRING TOTALS ~	CUMULATIVE
Arrowhead	2037	330	275	320	925
Middleton	2388	375	155.33	266	796.33
Aquinas	318	447.7	179.58	165.43	792.71
Edgewood	619	300	262.83	183.33	746.16
Muskego	1648	193	147.12	268	608.12
Catholic Memorial	571	300	69.38	233.5	602.88
Neenah	1977	255	110.5	225	590.5
Hudson	1732	195	72	275	542
Brookfield East	1400	363	87.95	72.5	523.45
University School of Milwaukee	412	165	35.25	307	507.25
Marquette	1786	245	30	218	493
Verona	1794	186	200.83	99.5	486.33
Notre Dame	739	195	154.09	136.43	485.52
Freedom	481	112	226.25	137.11	475.36
Homestead	1227	155	84	226	465
Brookfield Central	1173	88	67.95	304	459.95
Kimberly	1574	128	148.75	179	455.75

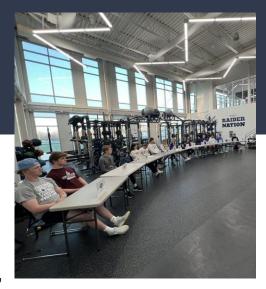
Overall Large School	Medium Schools	Small Schools			
LARGE SCH	IOOLS				
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Kimberly	1574	128	148.75	179	455.75
Oak Creek	2177	140	111.12	150	401.12
Hamilton	1554	225	25	146.67	396.67
Waunakee	1352	79	150	160	389
Madison West	2193	187	53.33	142	382.33
Bay Port	1952	205	99.09	76	380.09
Kaukauna	1262	118	133.75	111.11	362.86
Waukesha West	1195	125	117.88	115.17	358.05
De Pere	1464	89	79.09	185	353.09

Purpose Statement

We are an education-based athletics program dedicated to fostering character development, academic excellence, and physical well-being while emphasizing teamwork, leadership, and sportsmanship. Through competitive sports and a commitment to integrity, our student-athletes build resilience, enhance school spirit, and develop lifelong skills for success in academics, careers, and the community.









Group Prompt #1

Parent - Student Question
*1-2 Minutes per question

Student to Parent:

"How will you define success at the end of my athletic career at Hudson High School?"

Parent to Student:

"What can I do to support you during your High School athletic experience?"

Athlete Performance

Teach, coach, and support the WHOLE student.

ATHLETE PERFORMANCE

Designed to develop the studentathlete's total performance capabilities, including strength and conditioning, leadership development, nutrition, and academics.



Athlete Performance

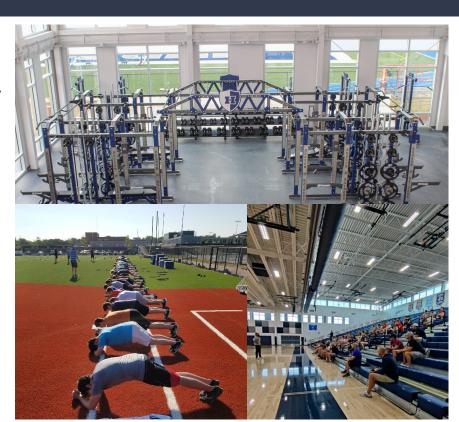
Raider Elite

Objective

Athlete speed and strength development so they are able to achieve peak performance during activity. Heavy focus on physical development and injury prevention.

In-Season / Off-season

There are Raider Elite opportunities for HHS student-athletes year round. In-Season athlete will lift with their teams. Anybody else can join our off-season program.



Athlete Performance

Athletic Training

Healthy Roster



Communication tool to check status on injuries, treatments, etc, as well as communicate with the medical team.

Medical Team Hudson Physicians



Megan O'Leary HHS Athletic ATC

Dr. Lincoln LiknessMedical Advisor



Training Room

Location, Expectations, Office Hours, Open Door during open hours

Impact Testing

Baseline concussion testing for risk averse sports: Football, Soccer, Volleyball, Cheer, Basketball, Hockey, Gymnastics, Wrestling, Softball, Baseball, Lacrosse

Football: August 7th and 8th, Volleyball: August 22

Boys Soccer: August 19

Department Information

Foundational Topics

Important Organizations
Registration
Code of Conduct
Communication
Student Experience



Department Information

Organizations



Department Information

Registration

MySchoolBucks

Registration Platform



Sports Physical

no less than every other school year with April 1 the earliest date of examination



Participation Fee

\$100 / Season \$400 - Family Max



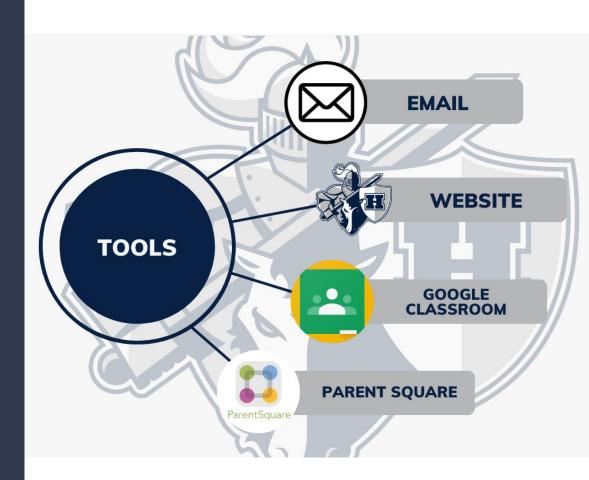
Department InformationCommunication

Procedures

- 24-Hour Rule
- Chain of Communication
 - Athlete-Coach
 - Parent-Athlete-Coach
 - Parent-Athlete-Coach-AD

Purpose

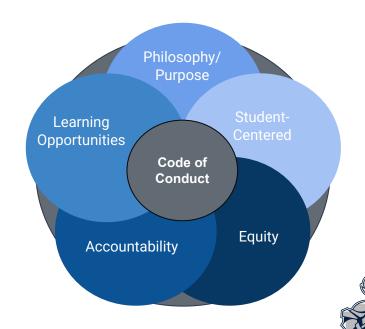
 Communication must incorporate common culture and shared department purpose



Department Information

Code of Conduct

- Objective To serve as a support system of accountability and learning for our students.
 - In affect year-round (365 days)
 - Highlights
 - Attendance FULL Day Policy
 - ATOD Violations % Ruling (determined by WIAA Season Game Max)
 - Academics 1 or more failing grade
 - <u>LINK</u> to full document Please review together and ask questions.



Student Experience

Foundational Topics

Expectations
Adjustment to High School
Culture
Relationships
Tryouts/Team Selection



Culture

- Teamwork
- Your team becomes your family.
 - Support from your teammates.
 - Coaches can be mentors for your life..
- School and Community Pride
- Sports are fun.
- Personal growth



Expectations

- School first
- Team commitment

Adjustment to High School

- Higher standards
- Sport environment
- Upperclassman



Preparation

- Practice Expectations
- Raider Elite
- Dedication
- Work Ethic
- Grades and Behavior

Relationships

- Seniors to Freshman
 - Seniors aren't as scary as they seem
 - The more fun the freshman have the more fun the seniors have
 - Team chemistry is very important
 - We are all in it together to accomplish one ultimate goal



Varsity vs JV/Lower Level

- Being on JV can be very beneficial
 - Help you develop as a player
 - Learn the system and how practices work
 - Ease into the time management aspect
 - Give you more confidence to perform at the next level
- Don't put too much expectation or pressure on yourself, or kid, when it comes to making a team because both are great and can both be very beneficial
- Remember to work hard, your coaches and teammates will support you and love watching you grow!



Parent Student Breakout

Students exit to forum area with HHS Student-Athletes for a Q & A Session.



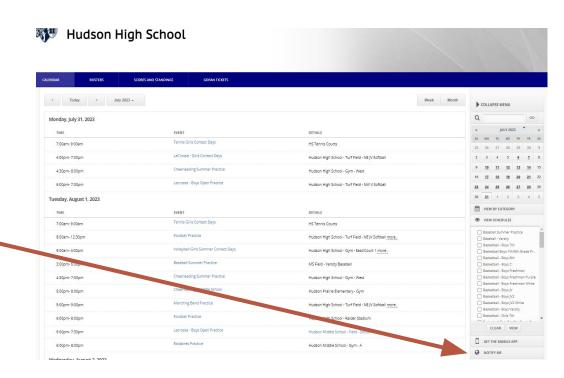
Helpful Resources

BRC Website (rschool)

- Finding schedules
- Bus departures
- Streaming
- Ticketing
- "Notify Me"

District Website

Hudson Activities <u>Twitter</u>
HSD <u>Facebook</u>, <u>Instagram</u>
Newsletters - Seasonal
<u>GoFan Ticketing</u> - HHS Hub



Q&A





Confirm Attendance
Provide Feedback